



The 15-Minute Home Maintenance Map



Page 3 of the Household Operating Manual.

The 5 Control Zones

1



Zone 1 – Welcome: Entryway, Porch, and Mudroom.

2



Zone 2 – Supply: Kitchen, Pantry, and Dining.

3



Zone 3 – Survival: Bathroom and Laundry Room.

4



Zone 4 – Recovery: Primary Bedroom and Closet.

5



Zone 5 – Gathering: Living Room and Playroom.

The Zone Rule



“

Fix friction, not dirt. Identify why the mess happened before you clean it.

”



The Weekly Zone Reset Protocol



1



Select This Week's Zone: _____

2



Find the Sigh: What is the one thing in this room that makes me sigh every time I see it?

3



Set the Visual Timer: 15 Minutes.

4



Fix One Thing: (Clear one drawer, wipe one shelf, or address the "Sigh")

5



Return the 3 most-used items to their Default Homes.

6



Stop when the timer ends.



One thing I'm NOT going to stress about this week:



One thing Future Me will thank me for:

